



## Twyford Parish Council

# Outdoor Fitness Training Code of Conduct

The purpose of the code of conduct is:

- to avoid conflict between those undertaking licensed fitness activities in the park and other park users.
- to protect the park.
- to ensure use of any public open space is preserved for all visitors.
- to provide an opportunity for visitors to engage in outdoor fitness training.
- to work alongside a licence agreement to ensure fitness operators are following the current health and safety regulations and best industry practice for the safety and enjoyment of all participants.
- to ensure that all licensed fitness operators are fully insured and hold liability for all participants safety.

Twyford Parish Council will accept no liability for any activity related to outdoor fitness training as part of the licence.

### The Code

- The fitness operator / licensee shall not have exclusive rights over any area of the park and shall ensure that right of way is given to members of the public visiting the park.
- No large items of keep fit equipment shall be used in the park other than hand held equipment e.g. jogging weights, kettle bells and resistance bands.
- Fitness operators / licensees shall leave the park in a clean and tidy condition and shall be liable for any loss of or damage to any council property through their direct improper use.
- The fitness licensee shall abide by the Twyford Parish Council rules as stated on the main entrance signboard and at locations around the park.
- The licensee shall ensure that any park structures, including trees, and furniture must not be used for training purposes and shall keep all pathways clear and accessible to all users.
- The fitness operator / licensee shall ensure that no area of the park is overused to the extent that it causes unreasonable wear and tear to the ground e.g. damage to the grass areas or creating muddy waterlogged areas.

### Park 'No Go' Zones

You are not permitted to use:

- areas within the park where training activities have a negative impact on other park users, and local residents e.g. intrusive noise, aggressive language etc.
- areas of high pedestrian activity such as pathways.
- areas clearly marked as sports fields such the cricket wicket.
- park sensitive locations such as; picnic areas, long grass, conservation areas etc.
- areas closed for renovation or upgrading.

### **Park 'No Go' activities**

The following activities are not to be conducted by personal trainers / group fitness licensees:

- amplified music or audio equipment, whistles and loud shouting or other intrusive noise - generating activities.
- aggressive, intimidating or unreasonably noisy training activities that interferes with the comfort of other visitors.
- use of objects that mark out an 'area of the park' to imply exclusive use.
- operation of sessions commencing before 7.30am or continuing after 9.00pm.

As a license holder you always agree to abide by these guidelines. Non-compliance to the above Code of Conduct means you are at risk of losing your fitness licence and being asked to leave the park with immediate effect.